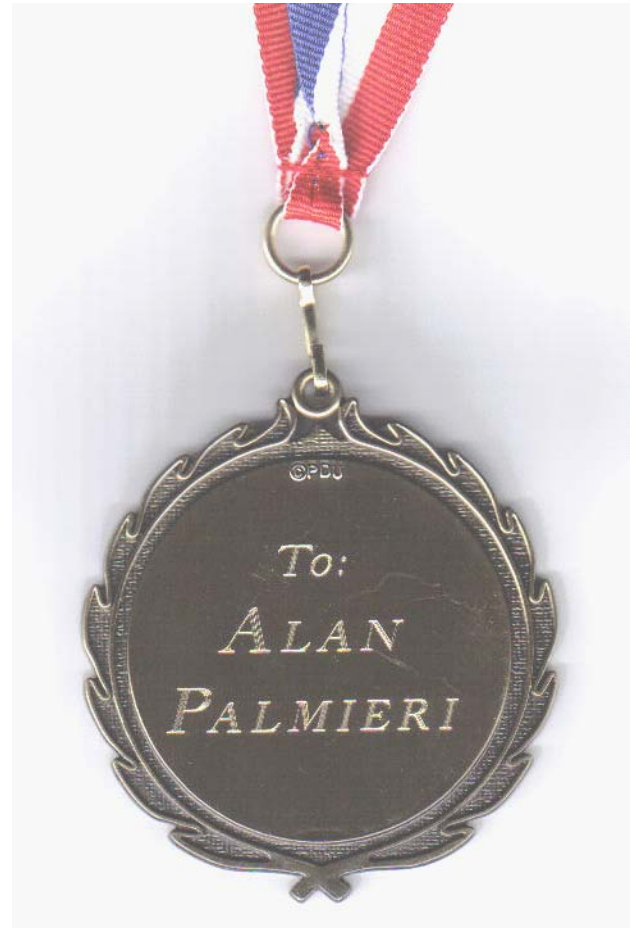


Alan Palmieri Inducted into Bodybuilding Hall of Fame



Being inducted into a Bodybuilding Hall of Fame is nothing to be taken lightly. This October 2005 I was honored with just such an event. Bodybuilder, power-lifter, actor, author, and physical culturist Steve Speyrer promotes bodybuilding contests and special events yearly. This year 7 individuals were inducted into the Steve Speyrer Classic Anatomy Gym Bodybuilding Hall of Fame in Louisiana. Each was presented with a beautiful Hall of Fame Medal to mark the occasion.

The very distinguished group of individuals inducted this year included:

Dan Lurie

Dan Lurie is one of bodybuilding's pioneers. Title Holder "American Most Muscular Man" – Publisher of 6 International Fitness and Bodybuilding Magazines – President and Founder of The WBBG World Body Building Guild – T.V. Personality and Strongman – Holder of Many World Strength Records.

Dan has written many books and courses on bodybuilding and is recognized worldwide as one of the sports leading authorities.

Greg Sushinsky

Greg Sushinsky is a natural bodybuilder who has trained for over thirty years. He is a professional writer who has written extensively about bodybuilding, with numerous training articles appearing in MuscleMag International, Ironman magazine, and many other international publications.

Greg has competed as a power lifter and a bodybuilder, and continues to train seriously, write and instruct as a means of promoting the principles and ideas of natural bodybuilding, fitness, health and nutrition. He is recognized as one of sports premier sources for reliable information and highly respected for his experience and knowledge.

Dennis Weis

Dennis B. Weis is a Ketchikan, Alaska-based power/bodybuilder. He is a hard-hitting, uncompromising freelance professional writer and investigative research consultant in the fields of bodybuilding, nutrition, physiology, and power lifting.

Dennis was first published over two decades ago (1976) in the pages of Iron Man magazine. Since that time he has become known to almost every mainstream bodybuilding/physique magazine's readership throughout the United States and Europe. The magazines that publish his articles include and are not limited to Bodybuilding Monthly (U.K. publication), Exercise For Men Only, Hardgainer (Nicosia, Cyprus, publication), Iron Man, Muscle & Fitness, Muscle Mag Int'l, and Natural Bodybuilding & Fitness. Dennis continues to be respected as a leading authority on bodybuilding and power lifting.

Wilfried Dubbels

Wilfried Dubbels is a fine German bodybuilder from the mid and late 1970s, who carried the Reeves lineage modified by Zane-type seventies styling, with more than enough of his own originality to create a lasting impact among a too-small coterie of bodybuilding aficionados, who recognized the greatness of his physique and the pronouncement of an indelible style.

Wilfried has been featured on the cover of MuscleMag International and other bodybuilding publications. Admired for his clean lines and shape, Wilfried sculptured a physique of proportion and symmetry.

Anibal Lopez

Anibal Lopez is a bodybuilding champion of the 1960's and 1970's. Having competed and won major titles in the AAU, WBBG, and IFBB. He has appeared on numerous T.V. programs and is a highly successful personal trainer as well as public speaker. Anibal continues to make personal appearances and is very active in his Christian Ministry.

Recently Anibal launched his website and it has already become a hit and has a steady stream of visitors.

Richard Baldwin

Dr. Richard Baldwin, Mr. USA, Mr. America-MW, 1st runner-up Mr. Universe, personal trainer to Laura Combes, the first Ms. America, he was known for his classical physique during his competitive years. Dr. Baldwin wrote countless bodybuilding magazine articles during his winning reign in the 1970s and 1980s.

His image can be seen on many magazine covers as well as in the movie, Staying Hungry. Current projects include authoring a book on Larry Scott and writing for fitness magazines.

...and lastly me, **Alan Palmieri**

Alan Palmieri. Not much for me to say or add that is not already posted on my website www.PalmieriBodybuilding.com other than that I am deeply appreciative and humbled at being inducted into the hall of fame. It is an honor I will cherish always.



Dan Lurie



Anibal Lopez



Richard Baldwin



Dennis Weis, third from left standing next to the late great John C. Grimek, second from left.